



The Post-Graduate Diploma in Canadian Nursing

with co-op prepares internationally educated nurses (IENs)
with the knowledge, skills, and requisites to practice safe, ethical
and competent care in the Canadian healthcare setting



STENBERG
COLLEGE

OVERVIEW

The Post-Graduate Diploma in Canadian Nursing with Co-op prepares internationally educated nurses (IENs) with the knowledge, skills, and requisites to practice safe, ethical and competent care in the Canadian healthcare setting.

To transition IENs into the Canadian healthcare setting as quickly as possible, the first 19 weeks of the program qualifies you as a registered Health Care Assistant. Your paid, 10-week Cooperative Work Experience prepares you for success in the Canadian health care setting.

This program respects the education and experience of IENs but also recognises the challenges IENs face. The program will support you in meeting the competency requirements for registration as an RN in British Columbia, including knowledge-based and collaborative practice, accountability, ethical behaviour and therapeutic relationships.

Importantly, your classes, labs and clinical experiences will give you the knowledge, experience and confidence to complete registration assessments and examinations.



PROGRAM GOALS

This program gives you:

1. The knowledge, skills, judgment and attitudes consistent with regulatory expectations for entry-level practice as a nurse within the Canadian healthcare setting.
2. The confidence to understand healthcare systems within a Canadian context to practice safely, competently and ethically as an entry-level nurse in Canada.
3. Hands-on practice experience in Canadian healthcare settings to enhance and strengthen nursing knowledge and skillset.
4. Support to prepare for registration and licensing assessments to successfully meet registration requirements to practice as a nurse in Canada.

PROGRAM LEARNING OUTCOMES

Upon completion of the program you will be able to:

1. Provide person-centered care and assistance that recognizes and respects the uniqueness of each individual resident or client.
2. Use an informed problem-solving approach to provide care and assistance that promotes the physical, psychological, social, cognitive and spiritual well-being of clients/residents and families.
3. Provide care and assistance for clients/residents experiencing complex / cognitive and/or mental health challenges.
4. Interact with other members of the multi-disciplinary healthcare team in ways that contribute to effective working relationships and the achievement of goals.
5. Communicate clearly, accurately and in sensitive ways with clients/residents and families within a variety of community, hospital, and facility contexts.
6. Provide personal care and assistance in a safe, competent and organized manner.

7. Recognize and respond to own self-development, learning and health enhancement needs.
8. Perform the care provider role in a reflective, responsible, accountable and professional manner.
9. Demonstrate the translation of knowledge, theories, models, and research from nursing and related disciplines in the implementation of evidence-based nursing practice.
10. Demonstrate competent entry-to-practice assessments and evaluations with focuses related to gerontology, acute medical and surgical care, mental health, maternity and pediatrics.
11. Demonstrate entry-to-practice assessment skills, diagnostic reasoning, evidenced-based interventions, and evaluation skills for improving client health outcomes and changing health system issues.
12. Demonstrate knowledge of clinical prevention interventions for promotion of health changing behaviors in individuals, families, communities and population aggregates.
13. Enhance and maintain competency of speaking, reading, writing and listening with the use of the English language.
14. Recognize and gain knowledge of the principles of ethics, professional standards and professional conduct as mandated by the British Columbia College of Nursing Professionals.
15. Demonstrate knowledge and understanding of regulation of practice as mandated by the British Columbia College of Nursing Professionals.
16. Demonstrate awareness of interpersonal processes, cultural diversity, and respect for human beings across all cultural, religious and diverse backgrounds.
17. Demonstrate leadership skills towards the facilitation and improvement in client outcomes and health care systems.
18. Demonstrate personal integrity and growth in self and others as an essential element in effective leadership within professional nursing organizations and the health care system.
19. Demonstrate knowledge and understanding of the pathology of chronic and acute disease processes and the associated pharmacological, non-pharmacological and alternative treatments while using the nursing process.



CANADIAN NURSING COURSES

In addition to 19 weeks of coursework that will prepare you to register and work as a Registered Health Care Assistant (HCA), you will receive a 10-week paid Co-op (with the option of an additional 20-week paid Co-op) plus a 2-week course, Medical Terminology in the Canadian Health Care Setting, and 5 weeks of test preparation for the Canadian English Language Benchmark Assessment for Nurses (CELBAN). Your final 34 weeks of instruction will support you in meeting the competency requirements for registration as an RN in British Columbia, including knowledge-based and collaborative practice, accountability, ethical behaviour and therapeutic relationships. Importantly, your classes, labs and clinical experiences will give you the knowledge, experience and confidence to complete registration assessments and examinations.

RPP100 Regulation of Professional Practice

This course introduces the profession of nursing in British Columbia. Regulations in practice that inform nursing practice within British Columbia will be introduced. In addition, the philosophy and foundational concepts of the Regulatory body, legislation, bylaws and the Health Professions Act (HPA) are explored through the lens of ethical practice. The British Columbia College of Nursing Professionals (BCCNP) acts on behalf of the public to ensure safe care and public safety. This course will cover the general practice expectations of regulated nurses in British Columbia (Registered Nurses, Registered Psychiatric Nurses, and Licensed Practical Nurses), in addition to varying scope of practice documents, professional standards as mandated by the BCCNP.

COM100 Canadian Nursing Workplace Communications

This course covers general concepts related to professional communication in the Canadian health care setting. Topics will include written, verbal, inter-collaborative and interpersonal communication with clients, their families, and the interdisciplinary team using electronic, written, and verbal documentation for maintaining professional, legal and ethical standards.

FNP 100 Foundations of the Nursing Process

The nursing process is a scientific method used by nurses to ensure the quality of patient care. This approach is broken down into five separate steps. The assessment phase, diagnosing phase, planning phase, implementation phase and the evaluation phase are the main components of the nursing process. This course will provide an overview of how to collect data, devise a plan of care, allocate and implement the appropriate resources and strategies to provide quality patient care. This course will also enhance skills related to critical thinking,

documentation and prioritization of care needs related to long-term/residential care, community, and acute care settings.

PHA 100 Introduction to Pharmacology

This course will provide an overview of pharmacology within the Canadian Healthcare context. IENs will expand their knowledge by learning a variety of pharmaceutical and alternative medications and therapies, as well as their interactions in the body across the lifespan. Students will examine Canadian drug legislation, classification systems, pharmacological actions and understand the responsibility of dispensing and administering medications within regulated nursing professions. This course will further review drug-dosage calculations and principles of safe medication administration.



MDS100 Introduction to Medical Surgical Nursing

This course covers general concepts related to assessment and nursing interventions of medical-surgical diagnoses for clients across the lifespan. Health history and physical assessments will be reviewed in correlation with the nursing process. IENs will review the pathology of disease processes and evidence-informed clinical practice as it pertains to the Canadian healthcare context.

MAT100 Foundations of Maternity Nursing

This foundational course provides an overview of nursing concepts related to women's health, pregnancy and newborn care. Building on the foundations of the nursing process, IENs will explore nursing care for women with reproductive concerns as well as nursing care during preconception, perinatal, postpartum, and neonatal periods.

PED100 Foundations of Pediatric Nursing

This course explores assessment techniques and care of a newborn. The importance of immunizations will be explored in this course. Normal and abnormal growth and development and the physiological alterations of clients with acute and chronic health care needs will be reviewed. Building on the foundations of previous nursing courses and the nursing process, IENs will examine the impact of and plan nursing care for pediatric clients experiencing acute and/or chronic alterations. Utilizing the nursing process and nursing management, psychosocial and physiological adaptations will also be examined.

MHN100 Foundations of Mental Health

This course will broaden your understanding of the concepts of common mental health disorders, epidemiology, etiology, pathophysiology and common treatment methodologies. The course will facilitate your learning in the therapeutic nursing care of the patient with mental health problems using an evidenced-informed approach to care and best practice.

CNS100 Canadian Nursing Skills & Simulation Practice

This course gives IENs the opportunity to apply theoretical concepts and practice skills that maintain and promote health and healing with individuals in Canadian nursing practice settings. By practicing the nursing process, IENs will learn and safely demonstrate healing actions for chronic and acute illnesses in the simulation lab. IENs will learn a variety of skills through demonstrations and peer practice sessions.

NLP100 Nursing Licensing Examination Preparation (NCLEX, CPNRE)

This course prepares IENs to take the NCLEX-RN or Canadian Practical Nursing Registration Exam (CPNRE). IENs will review basic concepts of nursing across the lifespan. This course offers IENs the opportunity to learn and practice various test-taking strategies, take mock exams, and discuss exam questions along with rationales, and complete several mock exams.

LNG 100 Leadership in Nursing

This course introduces the fundamental concepts of leadership in nursing by way of advocating for clients across varying organizational settings in the Canadian healthcare system. This course emphasizes leadership as an integral component of nursing when working within a team. You will learn that client safety, critical thinking, research, ethics and communication are key threads of autonomous practice in the Canadian healthcare setting.

PROGRAM FLOW



POST-GRADUATE DIPLOMA IN CANADIAN NURSING WITH CO-OP

Course Code	Course Name	Hours	Weeks
PRO100	Orientation and Student Success Skills	20	1.00
PPD	Personal & Professional Development Skills Workshops	6	0.20
HCAA100	Health 1: Interpersonal Communications	40	1.40
HCAA105	Clinical Prerequisite Certifications	57	1.70
HCAA110	Introduction to Practice	30	1.00
HCAA120	Health and Healing: Concepts of Practice	35	1.18
HCAA130	Healing 1: Caring for Individuals Experiencing Common Health Challenges	60	2.00
HCAA160	Health 2: Lifestyle and Choices	15	0.50
HCAA170	Healing 2: Caring for Individuals Experiencing Cognitive or Mental Challenges	50	1.67
HCAA180	Healing 3: Personal Care and Assistance	65	2.17
HCAA190	Clinical Placement: Multi-level / Complex Care with Specialized Dementia Care	105	3.00
HCAA195	Home Support / Assisted Living Simulation Prep	5	0.18
HCAA200	Home Support / Assisted Living Practicum	30	2.00
CWP	Career & Workplace Preparation	20	1.00
MED100	Medical Terminology in the Canadian Health Care Setting	40	2.00
CTP100	CELBAN Test Preparation	100	5.00
CWE100	Cooperative Work Experience I	200	10.00
RPP100	Regulation of Professional Practice	40	2.00
COM100	Canadian Nursing Workplace Communications	40	2.00
FNP100	Foundations of the Nursing Process	20	1.00
PHA100	Introduction to Pharmacology	20	1.00
MDS100	Introduction to Medical-Surgical Nursing	200	10.00
MAT100	Foundations of Maternity	60	3.00
PED100	Foundations of Pediatric Nursing	60	3.00
MHN100	Foundations of Mental Health Nursing	80	4.00
CNS100	Canadian Nursing Skills and Simulation Practice	80	4.00
NLP100	Nurse Licensing Exam Preparation (NCLEX, CPNRE)	40	2.00
LNG100	Leadership in Nursing	40	2.00
CWE200	Cooperative Work Experience II	400	20.00
Total Program Hours		1958	90.00



How do Internationally Educated Nurses (IENs) become nurses in Canada (BC)?

STEP 1

Apply to the National Nursing Assessment Service (NNAS)

Your first step is to apply to the National Nursing Assessment Service (NNAS). They will review and verify your documents including:

- **Proof of identity** documents
- **Nursing Education Form** (including copies of your academic records/transcripts, nursing program curriculum/course descriptions and/or course syllabi). **TIP:** Have your school provide as much detail about your nursing education as possible.
- **Nursing Registration Form**
- **Nursing Practice/Employment Form** (detailing all employment over the past five years)
- **Language Testing Results** As part of your NNAS application, you must prove that you can listen, speak, read, and write in English or French (depending on the province that you intend to work in). You are required to meet minimum language test scores (as below). The testing must be current, and the successful results must be no older than six months at the time you apply to NNAS.

Language testing can be conducted by and submitted from the following agencies:

IELTS (International English Language Testing System)

The lowest acceptable scores are speaking 7, listening 7.5, reading 6.5, writing 7, overall 7 (Academic format). – ielts.org

CELBAN (Canadian English Language Benchmark Assessment for Nurses)

The lowest acceptable scores are speaking 8, listening 10, reading 8, writing 7.

– celbancentre.ca

Please note: If NNAS receives documents written in any language other than English or French, they will need to be translated. NNAS can translate them, at your request, for a fee.

TIP: You can complete the entire NNAS process from outside Canada. Start early as it can take up to 1 year to complete but remember that your language testing results must be no older than six months at the time you apply to NNAS. – nnas.ca

STEP 2

Apply to BCCNP

After the NNAS reviews your application, you'll need an NNAS registration number, an NNAS application number and an NNAS advisory report in order to apply to BCCNP.

Most internationally educated nurses are directed by the BCCNP to the Nursing Community Assessment Service (NCAS) which measures an applicant's entry-level competencies as compared to a new Canadian graduate. All applicants must demonstrate entry-level competencies, including those who have engaged in specialized practice. – bccnp.ca

STEP 3

Competence assessment

All applicants for registration must demonstrate the entry-level competencies for Registered Nurses in BC. A competence assessment evaluates your nursing skills, knowledge and practice in comparison to what is expected of a new BC graduate. The majority of internationally educated applicants will demonstrate these competencies through completion of a competence assessment (NCAS) and transitional education.

Nursing Community Assessment Service

Competency assessments for BCCNP are completed through the Nursing Community Assessment Service (NCAS) and involve three components that enable internationally educated nurses to demonstrate their nursing experience and competencies that may not be reflected through an evaluation of their education alone. They are:

- 1) Computer-based assessment
- 2) Simulation lab assessment and
- 3) Oral assessment

While the computer-based assessment can be written in more than 100 countries around the world, the simulation lab and oral assessments must be taken in person in Vancouver, BC, Canada. – ncasbc.ca

STEP 4

Assessment of your application for registration

After you complete the competency assessment, BCCNP will receive a report. They will review the assessment report, along with your other application documents, to identify if you have any competency gaps. If gaps exist, you may be required to complete transitional education including: i) one or more individual courses, ii) a re-entry to practice program or iii) a BC Bachelor of Nursing program before you can write the national nursing exam (NCLEX-RN) and register with BCCNP.

STEP 5

Transitional Coursework for Internationally Educated Nurses

Your BCCNP assessment will tell you which course(s) or program you need to complete at a BCCNP-recognized institution (Thompson Rivers University or Kwantlen Polytechnic University):

- i) a re-entry to practice program or Bachelor of Nursing,
- ii) individual courses,
- iii) qualifying course(s)

Note: You will have to meet the entrance requirements for these educational programs.

STEP 6

NCLEX-RN

Upon successful completion of your Transitional Coursework, applicants for BCCNP registration must write and pass the National Council Licensure Examination for RNs (NCLEX-RN).

STEP 7

Eligibility for registration

Once you have completed all BCCNP registration requirements, including any required transitional education and passing the NCLEX-RN, you must ensure your practicing RN registration is approved before you start practicing as a Registered Nurse in BC.



Post-Graduate Diploma in Canadian Nursing

Delivery Method: In-class

Duration: 70 weeks, including a 10-week co-op

Optional Second Co-op: Additional 20 weeks

Optional English Language Learning Component:
Additional 12 weeks

Starts: Four times per year (January, March, June, & Sept)

Credential: Post-Graduate Diploma

Wages:

- Registered Nurse: \$34.83-\$55.15/hour
- Licensed Practical Nurse: \$27.67-\$31.74/hour
- Health Care Assistant: \$17.00-\$23.48/hour

ADMISSION REQUIREMENTS

Prerequisites

- Bachelor's degree in Nursing
*Diploma in nursing may be considered if work experience is 4+ years of employment as a nurse.
- Current registration as an RN from the country of origin or last country where majority of work experience is completed.
- Minimum 2 years full-time work (30hrs/week), or the part-time equivalent, as a Registered Nurse within last 10 years. 900 hours of that work must be within the last 5 years.
- International students must provide a police certificate from country of origin.
- It is strongly recommended that applicants have 3120+ hours of paid work experience as a nurse to assist with the process of immigration
- To meet practicum placement requirements, we highly recommend students bring copies of all immunization records from their home country.

LANGUAGE PROFICIENCY REQUIREMENTS

Post-Graduate Diploma in Canadian Nursing or Post-Graduate Diploma in Canadian Nursing with Additional Co-op

- Overall IELTS Test score* of 6.0 with no component less than 6.0 in Speaking and Listening and no score lower than 5.5 in Reading and Writing (or other ESL equivalencies as determined by Stenberg)

Post-Graduate Diploma in Canadian Nursing International or Post-Graduate Diploma in Canadian Nursing International with Additional Co-op

- Overall IELTS Test score* of 5.5 with no component less than 5.5 in Speaking and Listening and no score lower than 5.0 in Reading and Writing (or other ESL equivalencies as determined by Stenberg)

*Must be within the last 2 years. *Other English assessments are acceptable.



Stenberg College's main campus in Surrey, BC, Canada



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